

# **Raleigh Dermatology Associates, PA**

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## **PRE-OPERATIVE INSTRUCTIONS**

### **BLOOD THINNERS**

- If you are on prescription anticoagulants (blood thinners) such as Coumadin, Plavix, Xeralto, etc. you **May** be asked to stop this prior to your surgical appointment.
- If asked to stop your blood thinner then we will need a written authorization from your medical doctor.
- **Our fax # (919) 876-2351**
- You may continue your daily dose of Aspirin.

### **PRIOR TO SURGERY DAY**

- Aspirin and Tylenol (Acetaminophen) are permitted.
- Try to limit over the counter (OTC) medication like Ibuprofen, Aleve, etc. as they may cause more bleeding
- Shower the morning of surgery. For scalp surgery, shampoo in the A.M. of surgery.
- **Men should shave the day of facial surgery.**
- Eat your usual meals the day of surgery.
- Inform us of all medical conditions such as cardiac disease (**PACEMAKER, HEART MURMUR**) diabetes, frequent infections and/or excessive bleeding following an injury or surgery.
- Do not wear a pullover shirt if having surgery on your scalp, face or neck.

### **AFTER CARE**

- You will have stitches for up to 2 weeks.
- Keep area dry and pressure bandage in place for 24 hours. Afterwards you can shower but **NO** bathing, swimming, soaking the area in a hot tub, etc.
- Bandage will need to be changed **DAILY**.
- You should be able to drive yourself home the day of the procedure.
- Written wound care instructions will be provided to you on the day of the procedure.